








**Alpha Kappa Alpha Sorority, Incorporated®  
Lambda Nu Omega Chapter**

**Mental Health Resource Guide – May 2023**



**African-American Mental Health Professionals in Lake County, IL:**






	<b>Name</b>	<b>Address</b>	<b>Phone</b>	<b>Top Specialties</b>
	Nicol Osborne Clinical Social Work/Therapist, LSW	34 West Grand Avenue Suite 101 Fox Lake, IL 60020	(224) 507-6931	Trauma and PTSD Anxiety Depression
	Lafay Presberry Licensed Professional Counselor, MA, LPC	Higher Ground Wellness Group Zion, IL 60099	(708) 809-8412	Anger Management Life Transitions Relationship Issues
	Karen Wright, LCPC - The Wright Advocate Licensed Clinical Professional Counselor	1800 Nations Drive Ste 117-4 Gurnee, IL 60031	(847) 416-8229	Trauma and PTSD Anxiety Depression
	Breah M Robinson Clinical Social Work/Therapist, LCSW	The Womanist Center 6615 Grand Ave #285 Gurnee, IL 60031	(224) 298-8595	Women's Issues Self Esteem
	Norma Jean Venable Counselor, LCPC, CADC, CRSS	Zion, IL 60099	(224) 864-8841	Addiction Spirituality Mood Disorders



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	Name	Address	Phone	Top Specialties
	Michael Wilson Licensed Professional Counselor, LPC	Gray Matter Therapy 175 East Hawthorn Parkway Suite 155 Vernon Hills, IL 60061	(847) 649-6029	Life Transitions Mood Disorders Trauma and PTSD
	Cynthia Lincke Clinical Social Work/Therapist, MSW, LCSW, CAGS	Zion, IL 60099	(224) 479-1304	Self Esteem Women's Issues Marital and Premarital
	Daina Sauls Marriage & Family Therapist Associate, ALMFT, LPC, NCC, MA	501 North Riverside Drive Suite 111 Gurnee, IL 60031	(224) 207-4339	Family Conflict ADHD Child
	Kamahria Hopkins Licensed Clinical Professional Counselor, LCPC, LPC	Where Practical Meets Magical Waukegan, IL 60087	(224) 267-2238	Life Transitions Spirituality Parenting
	Sonja Dewey Marriage & Family Therapist, MS, LMFT	Restored Christian Counseling 4343 Old Grand Ave Suite 205 Gurnee, IL 60031	(224) 813-3460	Spirituality Marital and Premarital Grief



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	<b>Name</b>	<b>Address</b>	<b>Phone</b>	<b>Top Specialties</b>
	Jasmine Tudy Marriage & Family Therapist, LMFT	AspireCCC Jasmine Tudy LMFT 501 N Riverside Drive Suite 111 Gurnee, IL 60031	(224) 353-4002	Family Conflict Emotional Disturbance Coping Skills
	Sherilynn Asuoha Counselor, MA, LCPC	LifePlace Counseling 1580 South Milwaukee Avenue #307 Libertyville, IL 60048	(224) 970-2757	Child ADHD Eating Disorders
	Wil Morhead Counselor, MS, LCPC, CRADC, SAP	33 N County St Suite 506 Waukegan, IL 60085	(224) 803-3635	Trauma and PTSD Depression Substance Use
	Evelyn Caples Chenier Licensed Professional Counselor, PhD, MS, LPC, NBCC, NCC	Emotional Expressions by Dr. Evelyn LLC 2504 Washington Street Suite 300-n Waukegan, IL 60085	(224) 300-7409	Family Conflict Depression Relationship Issues
	Dr. Vernice L. Wright Licensed Professional Counselor, LCPC, NCC, CADC, COPD, CAMS-II	Truth Youth & Family Services, LLC 2504 Washington St Suite 300 C/D Waukegan, IL 60085	(224) 231-6282	Dual Diagnosis Addiction Trauma and PTSD



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	Name	Address	Phone	Top Specialties
	Peonita Harris Marriage & Family Therapist, PsyD, LMFT, CSAT, CPTT, DWCF	The Couple and Family Clinic, LLC 977 Lakeview Parkway Suite 103 Vernon Hills, IL 60061	(847) 416-6625	Infidelity Spirituality Trauma and PTSD
	Dr. Rick Williams Clinical Social Work/Therapist, DSW, MSW, LCSW, CAADC, CODP II	2504 West Washington Suite 200-E Waukegan, IL 60085	(888) 636-8661	Addiction Behavioral Issues Anger Management
	Glenisha L. C. Foreman Licensed Professional Counselor, MA, LCPC, NCC, CTP, CTMH	Living Pono Counseling 1800 Nations Drive Suite 22 Gurnee, IL 60031	(224) 207-4645	Anxiety Depression Trauma and PTSD

**Mental Health Resources:**

- For more information on each mental health professional or to view additional professionals, visit: <https://www.psychologytoday.com/us/therapists/il/lake-county?category=african-american>
- For mental health professionals in Chicago and surrounding suburbs, visit: <https://www.blackmentalhealthdirectory.com/directory>
- For mental health resources, visit: <https://www.blackmentalhealthdirectory.com/resources>
- Mental health crisis hotline: The 988 Suicide and Crisis Lifeline launched nationwide on July 16, 2022. Similar to calling 911 for medical emergencies, people in emotional distress or suicidal crisis can call or text **988**. You can also chat online at [www.988lifeline.org/chat](http://www.988lifeline.org/chat)



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## Mental Health Resource Guide – May 2023



### Mental Health Agencies in Lake County, IL:



Global Executive Council Services (GEC)  
2697 Grand Ave, Waukegan, IL 60085  
(224) 656-5557

\*Accepts Medicaid

- Integrated Group Counseling
- Substance Use Treatment
- Concurring Disorders Treatment
- Psychiatric Evaluations
- Psychiatric Medication Monitoring
- Child and Adolescent Outpatient Programs
- Family Counseling
- Adult Individual Counseling



The Josselyn Center  
415 Washington Street  
Waukegan, IL 60085  
P: 847-441-5600 | F: 847-441-7968

- Intake
- Outpatient Therapy
- Psychiatric Services
- Supported Employment (Individual Placement and Support)
- Case Management

Josselyn is a nonprofit community mental health provider offering a full range of therapeutic care, including therapy, psychiatry, case management, art therapy, and employment support.

Josselyn’s mission of providing Mental Health for All ensures cost is not a barrier to receive mental health treatment and support. Josselyn works with every client to ensure access to care regardless of income and insurance, including a sliding fee scale based on eligibility.